

Irish Sport anti-doping programme



Substances and Methods prohibited in-competition

PROHIBITED SUBSTANCES

Stimulants e.g. modafinil, sibutramine, amphetamine and selegiline.

Narcotics e.g. oxycodone, methadone, buprenorphine.

Cannabinoids e.g. hashish, marijuana, nabilone.

Glucocorticosteroids are prohibited *in competition* requiring a Standard TUE when used orally, rectally, intravenously or intramuscularly (all Systemic routes).

Topical glucocorticosteroid preparations used for dermatological (including iontophoresis), auricular, nasal, ophthalmic, buccal, gingival and perianal disorders, are permitted and do not require any form of TUE.

All other non-systemic routes of glucocorticosteroid preparations require an Abbreviated TUE.

Substances prohibited in particular sports

Alcohol & Beta-blockers: Prohibited in certain sports. Refer to the WADA Prohibited List – see www.wada-ama.org

MONITORING PROGRAMME

In order to detect patterns of misuse in sport, a number of substances which have been withdrawn from the List of Prohibited Substances will continue to be monitored both in and out of competition. Please refer to the Monitoring List for details – see www.wada-ama.org

The following are examples of classes and methods prohibited in sport:

Substances and Methods Prohibited In and Out of Competition

PROHIBITED SUBSTANCES:

Anabolic Agents e.g. Exogenous Anabolic Androgenic Steroids (e.g. nandrolone, stanozolol), Endogenous Anabolic Androgenic Steroids (e.g. testosterone, dehydroepiandrosterone (DHEA), androstenedione), clenbuterol, selective androgen receptor modulators (SARMS), tibolone.

Hormones and Related Substances and their releasing factors e.g. Erythropoietin (EPO), Growth hormone, Insulin-like growth factors, Mechano growth factors, Corticotrophins, Gonadotrophins (eg LH, hCG prohibited in males only), and insulins.

Beta-2-Agonists All beta-2-Agonists are prohibited both in and out of competition. As an exception formoterol, salbutamol, salmeterol and terbutaline, when administered by inhalation, may be used if an Abbreviated TUE is in place.

Hormone Antagonists and Modulators e.g. aromatase inhibitors (e.g. letrozole, exemestane), selective estrogen receptor modulators (SERMs, e.g. tamoxifen, raloxifene), other anti-estrogenic substances (e.g. clomiphene), myostatin modifying agents are prohibited.

Diuretics and other Masking Agents e.g. Diuretics (e.g. furosemide, bumetanide, spironolactone, hydrochlorothiazide), epitestosterone, probenecid, plasma expanders (e.g. hydroxyethyl starch) and alpha-reductase inhibitors (e.g. finasteride).

PROHIBITED METHODS

- Enhancement of oxygen transfer through blood-doping or the use of products that enhance the uptake, transport or delivery of oxygen e.g. modified haemoglobins.
- Tampering or attempting to tamper to alter the integrity and validity of a sample such as catheterisation or urine substitution.
- Intravenous infusion is a prohibited method of administration. *In an acute situation where this method is deemed necessary, a retroactive Standard Therapeutic Use Exemption will be required.*
- Gene Doping

Irish Sports Council

Tel: +353 1 860 8818
 Fax: +353 1 860 8860
 Web: www.irishsportsCouncil.ie
 e-mail: antidoping@irishsportsCouncil.ie

Check out your medications on
www.eirpharm.com



**Irish Sport
anti-doping
programme**